

LUNCH MENU

Served 12-3pm

APPETISERS

HOMEMADE BREAD & OLIVES garlic & herb marinade (G, Sd, E, V) £5.95

CHEF'S SOUP OF THE DAY fresh bread (V, D) £5.95

CLASSIC PRAWN COCKTAIL (Cr, E, D, Mu) £6.25

CREAMY GARLIC & BACON MUSHROOMS toasted crouton (D, G, Sd, can be vegetarian) £6.25

LIGHT BITES

SMASHED AVOCADO toasted muffins, poached eggs (G, E, D, V) £7.95 add bacon £1

FREE RANGE OMLETTE chips, salad, choice of 3 fillings £8.95
Honey baked ham, Welsh cheddar, bacon, cherry tomatoes, confit mushrooms, red onion (additional £1 each)

FROM THE GRILL

All our burgers are homemade 100z brisket burgers served on brioche bun, lettuce, tomato, gherkin, coleslaw, chunky chips or fries

CLASSIC (D, E, G) £11.95

CHEESE welsh cheddar £12.99

BBQ BACON & CHEESE burger wrapped in bacon, smothered in cheese, bacon mayo (D, E, G) £13.95

BUTTERMILK CRISPY CHICKEN gem lettuce, tomato, gherkin mayo (D, E, G, can be GF) £13.95

BUTTERFLIED CHICKEN gem lettuce, tomato, gherkin mayo (D, E, G, can be GF) £13.95

FROM THE SEA

SALMON & PRAWN STIR FRY lightly spiced rice, soy sauce dressing (G, Cr, F, Se, S, can be GF) £12.95

WHITEBAIT winter salad, new potatoes, tartare, lemon (G, Mu, D, E) £9.95

SMOKED SALMON & PRAWN SALAD marie rose sauce, winter salad, new potatoes (Cr, E, G, F, Mu) £11.95

BEER BATTERED FISH & CHIPS chunky chips, garden peas, tartare sauce, lemon (F, G, D, E, can be GF) £13.95

SCAMPI & CHIPS chunky chips, garden peas, tartare, lemon (F, Cr, G, E, D) £10.95

SANDWICHES

Served on thick granary or white bread with crisps & coleslaw £5.95

Honey roast ham & mustard mayo

Honey roast ham & Welsh cheddar

Welsh cheddar & tomato chutney

Welsh cheddar & pickle

Egg mayonnaise

Tuna mayo & sweet corn

SIGNATURE SANDWICHES

Served with chips & coleslaw

Rump steak, mushroom & onion Ciabatta £11.95

(add blue or cheddar cheese £1 each)

Homemade fish fingers, tartare sauce, ciabatta £8.95

Brie, bacon & cranberry ciabatta £7.25

LUNCH MENU Served 12-3pm

FROM THE FIELD

Your choice of potato...Chunky chips, fries, mash or new potatoes

CHICKEN & WAFFLES fried egg, maple gravy (G,D,E,C) £9.95 add bacon £1

THREE SALMONS' PIE seasonal vegetables, red wine gravy, with a choice of potato (G,D,C,Mu,Sd,soy) £13.95

PAN FRIED LIVER OR FAGGOTS, MASH & PEAS red wine gravy, with your choice of potato (C,G,D,Sd) £10.95

HOMEMADE LASAGNE winter salad with a choice of potatoes (G,D,C) £11.95

BRAISED BEEF BOURGUIGNON mustard mash, winter vegetables (gluten free, Sd,C,Mu,D) £13.95

THREE SALMONS CURRY naan bread, onion bhajji, mango chutney, rice, chips or 1/2 & 1/2 (G,D) CHICKEN £13.95 or SPICED CAULIFLOWER & RED PEPPER (can be vegan) £12.95

SIDES £3.00

SWEET POTATO FRIES

upgrade with your main for £2

CHUNKY CHIPS

ONION RINGS

SEASONAL VEGETABLES

HOUSE SALAD

FRENCH FRIES

COLESLAW

GARLIC BREAD (cheesy £3.50)

POWERED BY PLANTS

VEGAN / VEGETARIAN

MUSHROOM & LEEK PIE seasonal vegetables, with a choice of potatoes (Sd,C) £13.95

SPICED CAULIFLOWER & RED PEPPER CURRY rice, chips or 1/2 & 1/2 £10.95

VEGAN CHICKEN STIR FRY soy dressing (Soy,Sd,Se,S) £11.99

SWEET POTATO, GOATS CHEESE & SPINACH PIE with a choice of potatoes (G,C, M, Soya, not vegan) £13.95

All our burgers are 8oz vegan burgers served on a vegan brioche bun, lettuce, tomato, gherkin, red onion coleslaw, fries

CLASSIC (G) £11.95

CHEESE BURGER (G) £12.95

SUNDAY 22ND MARCH- MOTHERS

DAY LUNCH 3 course £30pp

AFTERNOON TEA WITH THE

EASTER BUNNY - This Good Friday the

Easter Bunny will be making a special

appearance here at the Salmons for an egg-

cellent afternoon for the whole family to enjoy

DIETRY & ALLERGENS

(V) VEGETARIANS (VE) VEGAN (G) CONTAINS GLUTEN (D) CONTAINS DAIRY MILK (N) CONTAINS NUTS (P) CONTAINS PEANUTS (E) CONTAINS EGGS (F) CONTAINS FISH (Cr) CONTAINS CRUSTACEANS (M) CONTAINS MOLLUSCS (S) CONTAINS SOYA (C) CONTAINS CELERY (Mu) CONTAINS MUSTARD (Se) CONTAINS SESAME SEEDS (SD) CONTAINS SULPHUR DIOXIDE (L) CONTAINS LUPIN

Three Salmons Hotel

BRIDGE STREET USK(01291 672133) WWW.THREESALMONS.CO.UK