

APPETISERS

CHEF'S SOUP OF THE DAY fresh bread (V,D)
£5.95

CLASSIC PRAWN COCKTAIL (Cr,E,D,Mu)
£6.25

CREAMY GARLIC & BACON MUSHROOMS
toasted crouton (D,G,Sd, can be vegetarian)
£6.25

LIGHT BITES

FREE RANGE OMLETTE chips, salad, choice
of 3 fillings £8.95

Honey baked ham, Welsh cheddar, bacon, cher-
ry tomatoes, confit mushrooms, red onion
(additional £1 each)

FROM THE GRILL

All our burgers are homemade 100z brisket
burgers served on brioche bun, lettuce, tomato,
gherkin, coleslaw, chunky chips or fries

CLASSIC (D,E,G) £11.95

CHEESE Welsh cheddar £12.99

BBQ BACON & CHEESE burger wrapped in
bacon, smothered in cheese, bacon mayo
(D,E,G) £13.95

BUTTERMILK CRISPY CHICKEN gem let-
tuce, tomato, gherkin mayo (D,E,G, can be GF)
£13.95

BUTTERFLIED CHICKEN gem lettuce, tomato,
gherkin mayo (D,E,G, can be GF) £13.95

FROM THE SEA

SALMON & PRAWN STIR FRY lightly spiced
rice, soy sauce dressing (G,Cr,F,Se,S, can be
GF) £12.95

BEER BATTERED FISH & CHIPS chunky
chips, garden peas, tartare sauce, lemon
(F,G,D,E, can be GF) £13.95

SCAMPI & CHIPS chunky chips, garden peas,
tartare, lemon (F,Cr,G,E,D) £10.95

SANDWICHES

Served on thick granary or white bread with
crisps & coleslaw £5.95

Honey roast ham & mustard mayo

Honey roast ham & Welsh cheddar

Welsh cheddar & tomato chutney

Welsh cheddar & pickle

Egg mayonnaise

Tuna mayo & sweet corn

SIGNATURE SANDWICHES

Served with chips & coleslaw

Rump steak, mushroom & onion Ciabatta
£11.95

(add blue or cheddar cheese £1 each)

Homemade fish fingers, tartare sauce, ciabatta
£8.95

Brie, bacon & cranberry ciabatta £7.25

TAKEAWAY MENU Served 12-9pm

FROM THE FIELD

Your choice of potato...Chunky chips, fries, mash or new potatoes

THREE SALMONS' PIE seasonal vegetables, red wine gravy, with a choice of potato (G,D,C,Mu,Sd,soy) £13.95

PAN FRIED LIVER OR FAGGOTS, MASH & PEAS red wine gravy, with your choice of potato (C,G,D,Sd) £10.95

HOMEMADE LASAGNE winter salad with a choice of potatoes (G,D,C) £11.95

BRAISED BEEF BOURGUIGNON mustard mash, winter vegetables (gluten free, Sd,C,Mu,D) £13.95

THREE SALMONS CURRY naan bread, onion bhaji, mango chutney, rice, chips or 1/2 & 1/2 (G,D)

CHICKEN £13.95 or SPICED CAULIFLOWER & RED PEPPER (can be vegan) £12.95

SIDES £3.00

SWEET POTATO FRIES

upgrade with your main for £2

CHUNKY CHIPS

ONION RINGS

SEASONAL VEGETABLES

HOUSE SALAD

FRENCH FRIES

COLESLAW

GARLIC BREAD (cheesy £3.50)

POWERED BY PLANTS

VEGAN / VEGETARIAN

MUSHROOM & LEEK PIE seasonal vegetables, with a choice of potatoes (Sd,C) £13.95

SPICED CAULIFLOWER & RED PEPPER

CURRY rice, chips or 1/2 & 1/2 £10.95

VEGAN CHICKEN STIR FRY soy dressing

(Soy,Sd,Se,S) £11.99

SWEET POTATO, GOATS CHEESE & SPIN-

ACH PIE with a choice of potatoes (G,C, M,

Soya, not vegan) £13.95

All our burgers are 8oz vegan burgers served on a vegan brioche bun, lettuce, tomato, gherkin, red onion coleslaw, fries

CLASSIC (G) £11.95

CHEESE BURGER (G) £12.95

KIDS MENU £5

BURGER

CHICKEN NUGGERTS

FISH GOWJONS

TOMATO PASTA

All served with mash or chips & peas

DIETRY & ALLERGENS

(V) VEGETARIANS (VE) VEGAN (G) CONTAINS GLUTEN (D) CONTAINS DAIRY MILK (N) CONTAINS NUTS (P) CONTAINS PEANUTS (E) CONTAINS EGGS (F) CONTAINS FISH (Cr) CONTAINS CRUSTACEANS (M) CONTAINS MOLLUSCS (S) CONTAINS SOYA (C) CONTAINS CELERY (Mu) CONTAINS MUSTARD (Se) CONTAINS SESAME SEEDS (SD) CONTAINS SULPHUR DIOXIDE (L) CONTAINS LUPIN